



# Hear, Here!

Winter 2009

Your source for hearing news and advice

Ashland ENT, Allergy & Hearing Center  
PHONE: 419-289-8919

## Our Mission:

To improve the quality of life for those with hearing concerns by providing comprehensive and individual hearing healthcare, while building long-term relationships with our patients based upon honesty, integrity and respect.

## Baby Boomers THE FIRST GENERATION OF ROCK AND ROLL

Hearing loss is much more prevalent among the Baby Boomer generation than previously believed.

A study found that 38 million Baby Boomers in the United States experience various degrees of hearing difficulties. The study included 437 randomly selected people aged 40 to 59 years who were interviewed by phone or filled out online questionnaires. Earlier studies had estimated that only 20 percent or 16 million Americans in the Baby Boomer generation would suffer from hearing problems in that age range. Are Baby Boomers losing their hearing at an earlier age than their parents or grandparents?

"This study indicates that Baby Boomers are losing their hearing at a more rapid pace than past generations," said Dr. Michael Glasscock of The EAR Foundation, a co-sponsor of the study.

The majority of boomers with hearing loss, however, fail to seek medical attention. Just about one third had their hearing tested although half of them admitted that their hearing problem interfered with their family life. In addition, about one third reported problems hearing and understanding a telephone conversation.

Hearing loss is often the result of aging. Most of those reporting hearing loss, however, believe it was primarily caused

by noise in their workplace or leisure pursuits.

"Baby Boomers are the first generation of rock and roll. They have a very active lifestyle and they are used to getting what they want, from careers to family to recreation. This lifestyle lends itself to experiencing an increased amount of noise and that is why we believe Boomers have encountered more noise pollution than any other generation," said Dr. Glasscock.

Source: [prnewswire.com](http://prnewswire.com)

## Are Your Ears Ringing?

There is help available! Sound generators are devices, worn in the ear(s), that are used in tinnitus and hyperacusis management programs using sound therapy. These devices produce a soft, soothing gentle noise

*"... making tinnitus more manageable."*

similar to the sound from a showerhead, fountain or a gently falling rain. The noise helps reduce the perceived "loudness" of the tinnitus. With the loudness of the tinnitus reduced, the tinnitus becomes less annoying and more manageable. These devices are made of a soft silicone material which can be worn during the day, only at night, or worn round the clock. Please contact our office for more information and pricing.



A S H L A N D  
**ENT, ALLERGY &  
HEARING AID**  
C E N T E R

2212 Mifflin Ave., Suite 130  
Ashland, Ohio 44805

**PHONE: 419-289-8919**

## Welcome to Tiffany Wagar, Audiologist!



We are very excited to announce that Tiffany Wagar, doctor of Audiology, has joined our team at

Ashland ENT, Allergy & Hearing Center!

Tiffany Wagar, Au.D., CCC-A, FAAA, earned her doctoral degree in Audiology from the Northeast Ohio Audiology Consortium (NOAC), and she has a bachelor's degree in Speech-Language Pathology & Audiology from The University of Akron.

Tiffany has experience in hospital settings as well as Hearing & Speech centers. She is licensed by the Ohio Board of Speech-Language Pathology and Audiology to practice

in the state, and holds a license through the Ohio Department of Education, as well. She maintains her current Certification in Audiology with the American Speech-Language-Hearing Association (ASHA) and is a fellow of the American Academy of Audiology (AAA).

Tiffany Wagar is committed to providing patients with the very best in hearing health care!

Joining Pam Oliver, Au.D., both professionals share the goal to offer comprehensive diagnostic and rehabilitative audiological services for individuals experiencing hearing impairment.

Be sure to introduce yourself to Tiffany during your next visit to our office! We're very pleased to have Tiffany on our team!

## Hearing in the News – iPod Volume Control

### *Apple Software to Limit MP3 player Volume*

Apple has introduced a free software update that gives iPod users the ability to set maximum volume limits on iPod devices. Using a combination code, the update allows users and parents to set volume caps on the iPod and lock them in. The new volume limit update works with all earphones and accessories plugged into the iPod headphone jack as well as the iPod Radio Remote. The software update is available as a free download for the iPod nano and fifth generation iPod. iPod users can download the free update at [www.apple.com/ipod/download](http://www.apple.com/ipod/download).

